

Laurelwood at The Highlands at Pittsford



THE HIGHLANDS
AT PITTSFORD
LAURELWOOD



Calendar of Events February 2015



Sunday February 2/1 Super Bowl XLIX & National Popcorn Day

- 10:30am- Catholic Communion Service (AR)
- 12:00pm– Super Bowl Pizza Party! (AR). To register please call either ext. 285 or 245.
- 2:00pm– WXXI presents: “Remember When” & Popcorn. Share your memories & reminisce about old Rochester with us! (G)
- 3:30pm- Super Sunday Bowl Trivia. Learn more about the big game! (AR)
- 6:30pm- Movie: - “The Game Plan” (G)



Monday 2/2 Ground Hog Day

- 10:15am– Exercise video (G)
- 10:45am– Lunch at Panera Bread (O). To register please call either ext. 245 or 285
- 2:00pm– Lecture: *Rochester Mobilizes for the Great War* with Daniel Cody, American Historian, of the Rochester Historical Society (HCC)
- 2:30pm– Larry Shearer presents: *Big Band Theme Songs (Part 2)* (AR)
- 3:45pm- Try some Ground Hog Day Word Puzzles (AR)
- 6:30pm– Movie— “Ground Hog Day”



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please dial 389-1630, ext. 245 for Crystal or ext. 285 for both Cheryl or Stacie.

Tuesday 2/3

- 10:15am- Exercise Video (AR)
- 1:00pm- Program with Chaplain Grobe (AR)
- 2:00pm- Reptile Show with *The Reptile Guy*. Join us to learn more about the reptiles' habitat, lifecycle, and their place in our ecosystem. (HCC)
- 3:45pm- Technology Tuesday! Join us for a fun Trivia on "Famous Faces & Famous Places on our television (G)
- 6:30pm- Movie— "In her Shoes" (G)



Wednesday 2/4 Snickers Candy Bar Day

- 10:30am- Yoga Class with Carol (AR)
- 2:00pm- Valentine's Day Bingo (AR)
- 3:30pm- Communion with Doris (AR)
- 3:45pm- Jigsaw puzzle. Help us to put in the missing pieces. And sample some Snickers bars! (AR)
- 6:30pm- Wii Electronic Bowling game. Hit the lanes with us, or stop by to cheer on your favorite bowlers. Spectators are more than welcome! (G)

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Thursday 2/5 Happy Birthday Reader's Digest!

10:15am– Fingernail Painting. Come get pampered. (AR)

1:30pm– History & Fun Facts about Reader's Digest Magazine (AR)

2:30pm– Presentation: *The Royal Family* led by local historian Ruth Naparsteck. Learn more about the Royals, their palace, and history. (HCC)

3:45pm– Hidden Pictures (AR)

6:30pm– Word Sweep game (AR)



Friday 2/6

10:15am– Fitness Class with Carol (AR)

10:30am– Catholic Mass (HCC)

11:00am– Music with *Take Note*, students from Nazareth College share their talent with us. Enjoy the music! (G)

1:15pm– Program with Chaplain Grobe (AR)

2:30pm– Music Mixer-with *Nightfall*, an acoustic duo (AR)

4:00pm– *Mixed Up Ground Hog Day* puzzle. (AR)

6:30pm– Scrabble Poker game (AR)

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Saturday 2/7

10:15am- Tai Chi Class (AR)

10:45am- February Trivia game. (AR)

1:30pm- Snack Food Saturday! Join us for a sample of some popular snack foods as we tackle some word puzzles, word searches, and word jumbles! (AR)

3:15pm- Kickball game. Join in the fun as we put our best foot forward! (AR).



Sunday 2/8

10:30am- Catholic Communion Service (AR)

11:00am - "What Do You Know?" game (AR)

1:30pm- Scenic Ride (O) To register please call either ext. 285 or 245

6:30pm- Movie: "When the Game Stands Tall" (G)

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Monday 2/9

10:15am– Exercise Video (G)

10:45am– Lunch at Leo’s Bakery (O). They have a huge variety of lunch options & wonderful desserts, so why not join us?.

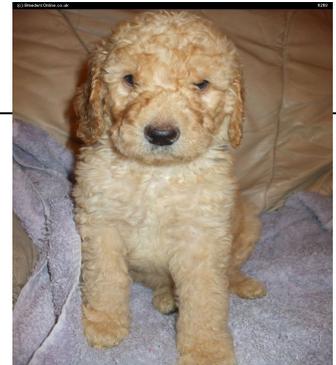
To register please call either ext. 245 or 285.

2:00pm– Lecture: *Rochester in the 1918 Influenza Epidemic* with Daniel Cody, American Historian, of the Rochester Historical Society (HCC)

2:45pm- Nature DVD: “Magic of the Snowy Owl”- come learn about the survival skills of this magical animal (G)

3:45pm– Visit with “Archie” our friendly Labradoodle dog. (AR)

6:30pm- Movie- “The Notebook” (G)



Tuesday 2/10

10:15am- Zumba Class with Robin. (AR)

1:15pm- Program with Chaplain Grobe (AR)

2:15pm– Tasting Club– Sample some chocolates from around the World!!! (AR)

3:30pm– DVD: Great Chefs: Chocolate Passion (G)

6:30pm- Movie: “Chocolat” (G)



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Wednesday 2/11

10:30am– Yoga Class with Carol (AR)

12:45pm– Depart for Geva Theatre to see “Little Shop of Horrors” (O). To register, please call either ext. 245 or 285

2:00pm– Uno Card game (AR)

3:30pm– Communion with Doris (AR)

3:45pm– Touring the World DVD– next stop France!
(AR)

6:30pm– Evening Music with vocalist
Cyndi Kingsley (AR)



Thursday 2/12 Abraham Lincoln's Birthday

10:15am– Scenic Ride (O) To register please call either ext. 285 or 245

2:00pm– Lecture: *The Odenbach's Family Legacy* presented by local historian Donovan Shilling (HCC)

3:30pm– Celebrate Abraham Lincoln with us. (AR)

6:30pm– Wii Electronic Bowling game (G)

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Friday 2/13

- 10:15am- Fitness Class with Carol (AR)
- 1:15pm- Program with Chaplain Grobe (AR)
- 2:30pm- Valentine's Day Music Mixer with Steve Petrovich on guitar & vocals. Wear your pink & red and enjoy the beautiful love songs Steve will perform for us! (HCC)
- 4:00pm- *Friday the 13th* trivia game (AR)
- 6:30pm- *Qwitch* card game (AR)

Saturday 2/14 Happy Valentine's Day

- 10:15am- Tai Chi Class (AR)
- 10:45am- Trivia: *All About Chocolate* (AR)
- 1:30pm- Wii Electronic Bowling game (G)
- 3:00pm- Afternoon entertainment with Pittsford student Brady Dickens on piano (G). He'll play all of your favorite songs. Join us to reminisce and sing along with your friends!

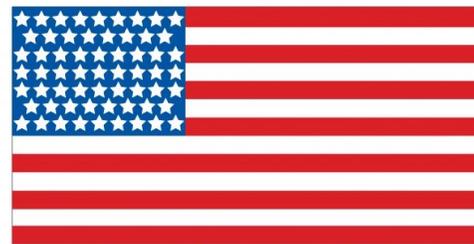
Happy
Valentine's
Day



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Sunday 2/15 Gum Drop Day & Susan B. Anthony Day!

- 10:30am- Catholic Communion Service (AR)
- 11:00am - “What Do You Know?” trivia game (AR)
- 1:30pm– Dominoes (AR)
- 3:15pm- Kickball game. Get a leg up on the competition with us! (AR)
- 6:30pm- Movie: “The Roosevelts: The Rising Road” (G)



Monday 2/16 Presidents' Day

- 10:15am– Exercise Video (G)
- 10:45am– In honor of President’s Day, join us for a good ‘ole fashioned American lunch at *Five Guys Cheeseburgers*. To register, please call either ext. 245 or 285. (O)
- 2:00pm—U of R Course— *Vision, Actions, and Language in the Brain* with Brad Mahon, PhD (HCC)
- 2:30pm– Crafting with Verna (AR)
- 3:45pm- Mystery DVD: “ The man who had influence” (G)
- 6:30pm- Movie: “The Roosevelts– The Common Cause” (G)

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Tuesday 2/17 Mardi Gras!

10:15am- Exercise Video (AR)

1:15pm- Program with Chaplain Grobe
(AR)

1:15pm- Depart for Pittsford Cinema to see “Mr. Turner” (O). To register please call either ext. 285 or 245.

2:30pm- Mardi Gras Party with The *Mike Kornrich Duo* featuring guitar, banjo, & vocals! Wear your purple, gold, or green!(AR)

6:30pm- Movie: “The Roosevelts– A Strong & Active Faith” (G)

Wednesday 2/18 Ash Wednesday

10:30am- Yoga Class with Carol (AR)

12:00pm- Birthday Party with Sungmin Shin on classical guitar (DR)

1:00pm- Ash Wednesday service with Chaplain Jim Grobe (AR)

2:00pm- U of R Course- *Vision, Actions, and Language in the Brain* with Brad Mahon, PhD (HCC)

2:30pm- The Facts About the Women Behind the Presidents: Our First Ladies! (AR)

3:30pm- Communion and the imposition of ashes with a volunteer from St. Louis Church. (HCC)

6:30pm- Wii Electronic Bowling game (G)



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Thursday 2/19

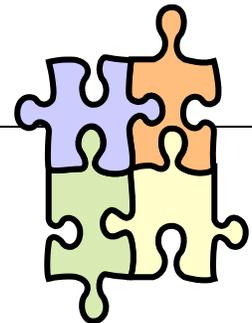
10:15am– Current Events & donuts (AR)

2:00pm– Lecture: *Birthstones & Anniversaries* with Matthew Whal of

Forsythe Jewelers in Pittsford. “Did you know that the history & legends of birthstones originated back to Aaron’s Breastplate described in the Old Testament? Join us to listen to the history & powers associated to birthstones, and the anniversaries they represent”. (HCC)

3:30pm– What about the critters that have lived in the White House? Join us to learn more about the pets that many of our First Families have owned! (AR)

6:30pm– Music Trivia game. (AR)



Friday 2/20

10:15am- Fitness Class with Carol (AR)

1:15pm– Program with Chaplain Grobe (AR)

2:30pm- Music Mixer-with Geoff Clough (AR)

4:00pm- Jigsaw puzzles. Help us to piece it all together! (AR)

6:30pm- *Quiddler* card game (AR)

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Saturday 2/21

10:15am- Tai Chi Class (AR)

10:45am- Trivia game. Join us to try your hand at some of the questions & reminisce with us! (AR)

1:30pm- Visit with the guide dogs from the organization “Guiding Eyes for the Blind”. Learn more about how the dogs are trained! (AR)

3:15pm– Kickball game. Go toe-to-toe with the competition! (AR)

Sunday 2/22 George Washington’s Birthday

10:30am- Catholic Communion Service (AR)

11:00am - “What Do You Know?” game (AR)

2:00pm– “Spread the Music”-Music Talent from the students of Pittsford Mendon Schools (G)

6:30pm- Movie: “Shakespeare in Love” (G)



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Monday 2/23

10:15am- Exercise Video (G)

10:45am– Lunch at Cheesecake Factory (O). To register please call either ext. 245 or 285.

2:30pm- Beat those winter blahs!! Join us for a Luau Party with Julie Hall on the Steel Drums!! (AR)

3:15pm- U of R Course– *Vision, Actions, and Language in the Brain* with Brad Mahon, PhD (HCC)

6:30pm- Movie: “Love in the Afternoon” (G)



Tuesday 2/24

10:15am- Exercise Video (AR)

1:15pm- Program with Chaplain Grobe (AR)

2:30pm- Crosswords with Larry Shearer. (AR)

2:30pm– Cooking Demonstration with one of our very own Laurelwood chefs. Stop by for a yummy sample! (HCC)

3:30pm– Resident Meeting. Join us to get your questions answered & hear the latest updates from our staff members. (AR)

6:30pm- Movie: “27 Dresses” (G)

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Wednesday 2/25

- 10:30am– Yoga Class with Carol Lang (AR)
- 1:45pm– Trip to *Cupcake's Corner*, our very own bakery—meet near elevator. Taste some of Pastry Chef Laura's creations.
- 2:00pm— U of R Course— *Vision, Actions, and Language in the Brain* with Brad Mahon, PhD (HCC)
- 2:45pm– Fun Facts about Flags of the World (AR)
- 3:30pm- Communion with Doris (AR)
- 3:45pm- Visit with Chip & Lovie— the German Shepard—front parlor
- 6:30pm– Wii Electronic Bowling game (G)



Thursday 2/26

- 10:15am– Creative card making with Cheryl (AR)
- 2:00pm– Presentation: *The History of Penfield, NY* with Town Historian Kathy Kanauer. (HCC)
- 3:15pm– *Friendship Movies* puzzle (AR)
- 6:45pm– Evening Music with Ivanka Driankova on piano. Visit with your friends as you enjoy the beautiful sounds of Ivanka (HCC)

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Friday 2/27

10:15am- Fitness Class with Carol (AR)

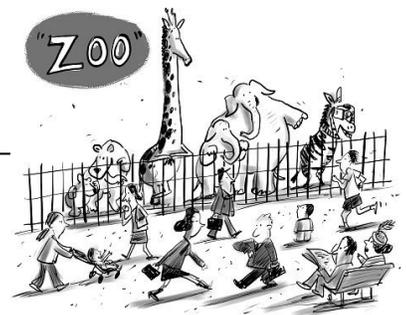
11:00am- Pre-Shabbat service with Rabbi Hein in the Front Parlor

1:15pm- Program with Chaplain Grobe (AR)

2:30pm- Music Mixer-with The *Rhythm Aces Duo* featuring piano, vocals & saxophone (AR)

3:30pm- Joe Hanson, Concert Master at the U of R, brings his brass band to perform for us. They'll perform light classics & popular music for us! Enjoy the band! We guarantee you'll be tappin' your toes to this band! (HCC)

6:30pm- Dominoes game (AR)



Saturday 2/28 National Chili Day

10:15am- Tai Chi Class (AR)

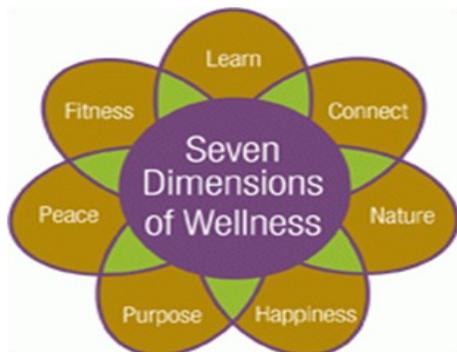
10:45am- Trivia game. Talk a walk down memory lane with us! (AR)

12:00pm- Join us for a theme lunch in the Dining Room. It's National Chili Day!!! Warm up with a nice, hot bowl of chili! (DR)

1:30pm- Speaker Mary Ellen Ostrander, a Zoologist at Seneca Park Zoo, will tell us about her experiences with the animals of the zoo & what exactly zoo keeping involves. (AR)

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As we focus on the Seven Dimensions of Wellness, this month we would like to highlight the following programs:



- Fitness:- Exercise Class with our Wellness Coach,



- Nature: - Visit with Chip and his German Shepard



-Peace:- Inspirational Hymns with Chaplain Grobe



-Learn-Mary Ellen Ostrander, a Zoologist at Seneca Park Zoo will tell us about her experiences with the animals of the zoo & what exactly zoo keeping involves.