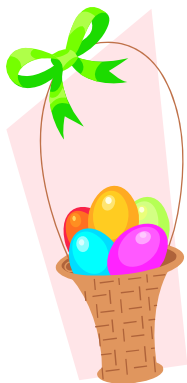


Laurelwood at The Highlands at Pittsford

THE HIGHLANDS
AT PITTSFORD
LAURELWOOD

Calendar of Events APRIL 2015



Wednesday 04/01 April Fool's Day

10:30am– Yoga Class with instructor, Carol Lang (AR)

1:45pm– Community Service Project: Making Bunnies for local children!! Join us in making Easter Bunnies filled with candy for a local non-profit. Join the fun for a great cause! (AR)

3:30pm- Communion with Doris (AR)

4:00pm- “Searching for Jelly Beans” word search puzzle (AR)

6:30pm– Wii Electronic Bowling (G)



Thursday 04/02

10:15am– Decorating Easter Eggs. Let your creativity shine through. Stop by and join us for this fun tradition. (AR)

2:00pm- Crystal's Kitchen– baking Easter Bunny cookies! (AR)

3:30pm- Facts and Jokes about coins. Join us to learn more. (G)

4:00pm – “UR” *In Tune* with the Eastman School of Music Lecture Series:

Richard Wagner's Debt to Italian Operatic Form, with Dr. William

Marvin, Associate Professor of Music Theory, Affiliate Faculty,

Musicology at The Eastman School. (HCC)

6:30pm– *Last Word* game (AR)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285

Friday 04/03 Good Friday

10:15am- Fitness Class with instructor, Carol Lang (AR)

1:00pm– Good Friday Service with Chaplain Jim Grobe (AR)

2:30pm– Music Mixer with Fiona Corrine –piano and vocals (G)

4:00pm- Let’s try some color idioms! For example, a **green** thumb refers to that special ability to make plants grow. Colors are our theme; join us to see how many color idioms there are! (G)

6:30pm- *Quiddler* card game (AR)

Saturday 04/04 Passover begins at Sundown

10:15am- Tai Chi Class (AR)

10:45am- Trivia (AR)

1:30pm-3:30pm – Family Easter Celebration! The Easter Bunny will join us and there’ll be an Egg Hunt too!. Enjoy music from Eastman School of Music students, *Farrago 4*. Refreshments & goodies will be served. Community Center and Commons Area at The Highlands

6:30pm– Movie– “Hop” (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285

Sunday 04/05 Easter Sunday

10:30am– Catholic Mass (AR)

11:00am– “What Do You Know?” Game (AR)

1:30pm– Dominoes (AR)

6:30pm– Movie- “Easter Parade” (G)

Monday 04/06

10:15am- Exercise Video (G)

10:45am– Lunch at Bill Gray’s (O). To register please call either ext. 285 or 245.



2:00pm- U of R Lecture: *Opera Per Tutti!: A Boot camp for Opera Aficionados & Novices Alike* with Joe Hanson. Learn (almost) everything you need to know about opera in one power-packed hour. We will encounter lyric sopranos, *bassi profondi*, comedy, deception, & even murder. After a brief discussion of the origin and elements of opera, we will view and discuss several excerpts (with subtitles, of course!). (HCC)

2:15pm– Crafting with Verna. Join us to make a spring craft. (AR)

6:30pm– Movie: “Guess Who’s Coming to Dinner” (G)

Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285.

Tuesday 04/07 Billie Holiday's 100th Birthday!!

10:15am– Exercise Video (G)

1:15pm- Bible Study with Chaplain Grobe (AR)

2:15pm– Fitness class with Robin (AR)

2:30pm – Cooking Demonstration with Highlands' Chef Jose Rosario (HCC)

3:30pm– Tasting Club– in honor of Easter join us as we guess what flavor the Jelly Beans are!!! (AR)

6:30pm– Movie: “Lady Sings the Blues: An Autobiography of Billie Holiday” (G)



Wednesday 04/08

10:30am– Yoga Class with instructor, Carol Lang (AR)

2:00pm– In celebration of Passover, join Susan Krasner, as she shares her musical talents with us. Susan is a talented vocalist & keyboardist. (AR)

3:30pm- Communion with Doris (AR)

3:45pm– Visit with our volunteer Chip & Lovie, his German Shepard— Front Parlor

6:30pm– Wii Electronic Bowling (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285

Thursday 04/09

10:15am– Nail Painting. Join us and select your favorite Spring color!
(AR)

1:30pm– Take a visit to *Cupcake's Corner*—our very own bakery!
Enjoy a sweet treat made by our own pastry chef,
Laura Gilbert! Meet at elevator.

3:00pm– Leaf Collection Bingo (AR). Try your hand at this unique twist on
bingo, featuring different types of leaves.

6:30pm– *Word Sweep* game (AR)

Friday 04/10

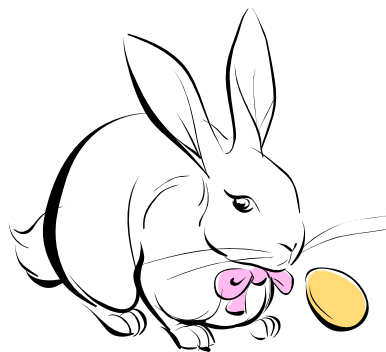
10:15am- Fitness Class with Carol (AR)

1:00pm– Inspirational Hymns with Chaplain Grobe (AR)

2:30pm– Music Mixer with *The Brad Batz Jazz Duo* (HCC)

4:00pm- Sing-a-long DVD: All of your favorite songs! (G)

6:30pm- Uno Card game. (AR)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FLA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285.

Saturday 04/11

10:15am- Tai Chi Class (AR)

10:45am- Trivia Game (AR)

1:30pm- Visit with guide dogs from the organization, “Guiding Eyes for the Blind”. Stop by and visit with our furry friends and learn about their training and the important work they do! (AR)

3:00pm– Kickball game! Put your best foot forward with us! (AR)

Sunday 04/12

10:30am– Catholic Mass (AR)

11:00am– “What Do You Know?” Game (AR)

1:30pm– Scenic Ride (O) To register please call either ext. 285 or 245.

3:15pm– Word Searches. Help us find all the words on our list. (AR)

6:30pm– Movie- “The Secret Garden” (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285

Monday 04/13

10:15am– Exercise Video (G)

11:00am- *Finish the Quotation* game. (AR)

2:00pm – U of R Course: *Art History- Masterpieces* with Susan Nurse (HCC)

2:30pm– Crosswords with Larry Shearer (AR)

3:45pm- Touring the World DVD: Italy (AR)

6:30pm– Movie— “Last Vegas” (G)



Tuesday 04/14

10:15am– Exercise Video (G)

1:15pm– Bible Study with Chaplain Grobe (AR)

2:15pm– In honor of National Volunteer Week– help us create our thank you cards for our volunteers!!! (AR)

3:30pm– How times have changed! Join us for us a discussion & share your thoughts and memories. (G)

6:30pm– Movie - “Titanic” (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285

Wednesday 04/15

10:30am– Yoga Class (AR)

1:45pm– “April Showers Bring May Flowers” join the fun and create your very own flower arrangement! (AR)

3:30pm- Communion with Doris (AR)

3:45pm- Trivia game featuring: Poetry and Poets. (AR)

6:45pm– Evening Entertainment with Dick Leschorn: keyboard & vocals. You’ll be tappin’ your toes as Dick performs all of your favorites! (HCC)



Thursday 04/16 National Cheese Ball Day

10:15am– In honor of Easter and the chocolate bunny, we are taking a trip to Stever’s Candies, A Rochester Legacy since 1946! (O). To register please call either ext. 285 or 245.

2:00pm– Warren Kling, local historian, presents “Mansions and Millionaires of Early Rochester” (HCC)

3:30pm– Which Cheeseball do you like? Join us in a tasting of a few cheeses & their history (AR)

6:30pm– Wii Electronic Bowling game (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285

Friday 04/17

- 10:15am- Fitness Class with instructor, Carol Lang (AR)
- 1:15pm- Worship with Chaplain Grobe (AR)
- 2:30pm- Music Mixer with the Dick Mazzotti Duo, keyboard, saxophone & vocals Join us to sing along, and hear all of your favorite tunes! (AR)
- 4:00pm- *Fill In the Blank* game featuring Famous Poets! (AR)
- 6:30pm- *Qwitch* card game (AR)
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Saturday 04/18

- 10:15am- Tai Chi Class (AR)
- 10:45am- Trivia game. Stop by and reminisce with us, as the trivia questions bring back some great old memories. (AR)
- 1:30pm- *Music for All* Program featuring students from the Eastman School of Music. (G)

Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285.

Sunday 04/19 National Garlic Day

10:30am– Catholic Mass (AR)

11:00am– “What Do You Know?” game (AR)

1:30pm– Yahtzee dice game. (AR)

6:30pm– Movie- “A Little Princess” (G)

Monday 04/20

10:15am– Exercise Video (G)

11:00am- Star of the Month word search featuring, Debbie Reynolds (AR)

1:30pm-Depart for Rochester Museum and Science Center for the exhibit: Da Vinci – The Genius. Encounter the works of a truly great mind at the Da Vinci exhibit. (O). To register, please call either ext. 285 or 245.

2:00pm – U of R Course: *Art History- Masterpieces* with Susan Nurse (HCC)

2:30pm– - “Punny” Names. Come & learn about these puns that are guaranteed to make you giggle (AR)

6:30pm– Movie— “Imitation Game” (G)

Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285.

Tuesday 04/21

10:15am– Exercise Video (G)

1:15pm– Bible Study with Chaplain Jim Grobe (AR)

2:30pm – University of Rochester Lecture: *Exploring the World: My Travels to the Tribal Region of Nagaland* with Heather Layton. (HCC)

3:30pm– Scenic Ride (O). To register, please call either ext. 285 or 245.

6:30pm– Movie: “Singin’ in the Rain” starring Debbie Reynolds (G)



Wednesday 04/22 Earth Day

10:30am– Yoga Class (AR)

12:45pm– Depart for Geva Theatre’s production of *The Mountaintop* (O)

To register, please call either ext. 285 or 245.

2:00pm– Join us in planting vegetables in honor of Earth day! (AR)

3:30pm- Communion with Doris (AR)

3:45pm- Join your friends for Happy Hour!! Great company and great times are guaranteed. Bring a friend and join the fun!
(Library)

6:30pm– Wii Electronic Bowling game (G)

Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285.

Thursday 04/23

10:15am– Walking Group—meet at elevator

2:00pm – Presentation: *Doo-Dah!* with Martha Kendall. From *Camptown Races* to *Hard Times* and *Oh Susanna*, we'll look at the tunes written by Stephen Foster. Join us to learn more about these classic favorites! (HCC)

2:30pm– Larry Shearer presents: “The Music of Frank Sinatra” (AR)

4:00pm– *Hidden Pictures* game. Put on your detective cap & help us find all of the pictures. (AR)

6:30pm- Trivia game. Try your hand at some of the questions while taking a walk down memory lane with us! (AR)

SINATRA
BEST OF THE BEST



Friday 04/24 Wear Black and White Day

10:15am- Fitness Class with Carol (AR)

11:00am– Pre– Shabbat Service with Rabbi Hein (AR)

1:15pm– Inspirational Hymns with Chaplain Grobe (AR)

2:30pm– Music Mixer with Karen Labella; guitar and vocals (HCC)

6:30pm- Scrabble Poker game (AR)



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Saturday 04/25 World Penguin Day



10:15am- Tai Chi Class (AR)

10:45am- Trivia (AR)

1:30pm- *Music for All* Program featuring students from the Eastman School of Music. (G)

3:00pm- DVD *SING A LONG- Far Away & Long Ago* (G)

6:30pm- Movie- "Happy Feet"

Sunday 04/26

10:30am- Catholic Mass (AR)

11:00am- "What Do You Know?" Game (AR)

1:30pm- Wii Electronic Bowling game (G)

6:30pm- Movie: "Finding Forrester" (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing, (HC) - Hahnemann Club . If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285.

Monday 04/27

10:15am– Exercise Video (G)

10:45am– Lunch at Cam’s Pizza (O). To register, please call either ext. 285 or 245. Grab a slice with us!

2:30pm– Dabbing Tree Art– no artistic talent needed!!! All are welcome. You’ll be surprised at your final product! (AR)

3:15pm – University of Rochester Course: *Art History- Masterpieces* with Susan Nurse (HCC)

6:30pm– Movie: “Newsies” (G)



Tuesday 04/28

10:15am– Walking Group– meet near the elevator

1:15pm– Bible Study with Chaplain Jim Grobe (AR)

2:00pm- U of R Lecture: *The Seward Family Archive Project*, with Dr. Thomas Slaughter (HCC)

2:15pm- Electronic Timeless Trivia game: The Fabulous Fifties (G)

3:30pm– Residents’ Meeting (AR)

6:30pm– Movie: “Fried Green Tomatoes” (G)

Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie, both at ext. 285.

Wednesday 04/29

10:30am– Yoga Class (AR)

1:00pm– Depart for Pittsford Cinemas—Movie: “The Women in Gold” (O). To register, please call either ext. 285 or 245.

2:30-Make Your Own Smoothies. Kale: What’s all the fuss about anyway? Sample a kale smoothie and learn the health benefits of kale. (AR)

7:00pm– Evening entertainment with Take Note—keyboard & vocals (HCC)



Thursday 04/30

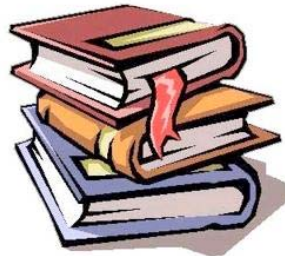
10:15am– Those shoes are made for Walking!! Walking group will meet near the elevator.

1:30pm– Trip to Barnes and Noble book store (O). To register, please call either ext. 285 or 245.

2:30pm – University of Rochester Lecture: *Sound Symbolism: The Road Less Travelled* with Solveiga Armoskaite, PhD. (HCC)

3:45pm– Famous Pairs game (G)

6:30pm- Wii Electronic Bowling game (G)



Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please contact Crystal at ext. 245 or Cheryl or Stacie both at ext. 285

As we focus on the Seven Dimensions of Wellness, this month we would like to highlight the following programs:



- Fitness –Yoga Class-4/01



- Nature-Leaf Collection Bingo—4/29



- Peace– Catholic Mass-4/05



- Purpose-Community Service Project-Making Bunnies
For Charity-4/1



- U of R Course-Sound Symbolism-4/30