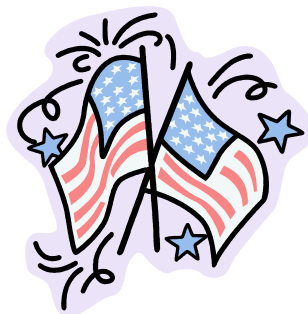


# THE HIGHLANDS AT PITTSFORD



## Cultural and Educational Program Calendar

### July 2017



**Saturday, July 1<sup>st</sup>:**

10:30am – Tai Chi Class. Fitness Room

11:00am – Trivia: Fourth of July. Laurelwood Hearth Room

2:30pm – Saturday Musical Matinee: *Phantom of the Opera* (2012) with Ramin Karimloo, Sierra Boggess, Hadley Fraser. Community Center

**Sunday, July 2<sup>nd</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Hearth Room

2:30pm – Movie: *High Noon* (1952) with Gary Cooper, Grace Kelly, and Thomas Mitchell.  
Community Center

**Monday, July 3<sup>rd</sup>**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

**\*10:00am – Monthly Kitchen Tour. Tour is approx. 30 minutes long. Space is limited; please sign up in the Program Book. Meet outside Lilac Shop**

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

No Open Swim with Robin Gallagher today

**2:00pm – University of Rochester Course: *The Arabian Nights Beyond “East” and “West”* with Sevinc Turkkan, PhD, department of Religion and Classics at The University of Rochester. Please see page 12 for course information. Community Center**

**Tuesday, July 4<sup>th</sup>: Independence Day**

No fitness classes with Robin Gallagher today

No shopping and banking today

No Bible Study today

**7:00pm – Movie: *Hidden Figures* (2016) with Taraji P. Henson, Octavia Spencer, Janelle Monáe.  
Community Center**

**7:00pm – Game Night! Bring your favorite game. All are welcome to join. Music Room**



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.



### Wednesday, July 5<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

**\*1:30pm – Depart for the High Falls Center and Interpretive Museum for a guided tour. Trip includes the High Falls. No fee to attend. Walking is required. Return approx. 4:00pm**

2:00pm – Fine Dining Food Forum. Seneca Dining Room

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate in the chorus. Music Room

**4:30pm-6:00pm – Patriotic Happy Hour: drink specials, appetizers, live Dixie Land music. Wear red, white, and blue! Bistro Patio, weather permitting. (Rain location: Community Center)**

### Thursday, July 6<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

2:00pm – Blood Pressure Screening. Club Room

**2:00pm – Presentation: *My First Show* with Bob Sagan, theatre educator and Broadway enthusiast. View a selection of video clips, discuss current shows, and share your Broadway experiences. Community Center**

**3:30pm – Geva Theatre single ticket sales meeting. Please bring your checkbook if you would like to order tickets. Music Room**



### Friday, July 7<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – Tech Time with facilitator Cory White, IT Technician. Share ideas, information and questions about technology. Bring your curiosity, ideas and an open mind. Music Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Catholic Mass with volunteers from St. Louis Church. Community Center

1:00pm – Pause for Peace Interfaith Worship Service with Chaplain Jim Grobe. Music Room

**2:30pm – Music Mixer, live entertainment with Seth Sealfron's Jazz Duo. Community Center**



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Saturday, July 8<sup>th</sup>:**

9:00am-11:00am – Saturday Breakfast, Residents only. Dining Room

10:30am – Tai Chi Class. Fitness Room

\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema, Pittsford Community Library and Town of Pittsford Farmers' Market at the Pittsford Colony Plaza. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.

2:30pm – Saturday Musical Matinee: *Swing Time* (1936) with Fred Astaire, Ginger Rogers, Victor Moore. Community Center

**Sunday, July 9<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Movie: *Hopscotch* (1980) with Walter Matthau, Glenda Jackson, Sam Waterston. Community Center

**Monday, July 10<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *The Arabian Nights Beyond "East" and "West"* with Sevinc Turkkan, PhD, department of Religion and Classics at The University of Rochester. Please see page 12 for course information. Community Center

6:30pm – Evening Music with Dick Lesshorn on keyboard. Laurelwood Gallery



Picture: Ron Nelson, Pope Jamesson, Vicki Gainsburg, Betty Schlemitz, and Joan Volonte participating in Rochester Fashion Week at Midtown Athletic Club.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Tuesday, July 11<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

**\*11:30am – Depart for *June Jazz Duets* with Gateways Music Festival Musicians featuring classical music, in the Dorris Carlson Reading Garden (rain location: Kate Gleason Auditorium) Rochester Public Library. No fee to attend. Return approximately 1:30pm.**

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

**2:00pm – Presentation: *Life and Times of Roger Casement*, human rights activities and Irish nationalist with Michael Ahern. Michael is an American History teacher at Brighton High School. Community Center**

**Wednesday, July 12<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

**\*9:45am – Depart for the Abbey of the Genesee and lunch at Big Tree Inn in Geneseo. The Abbey is home to 30 contemplative monks belonging to the Order of Cistercians of the Strict Observance also known as Trappists. The visit will include a Liturgical Service and shopping at the bread store. Lunch will follow. Return approx. 3:00pm**



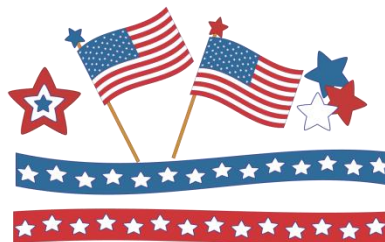
10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Alzheimer’s Support Group for caregivers facilitated by Alzheimer’s Association staff and volunteers. The group provides updated information, emotional support, and problem solving as related to the challenges of giving care to those living with Alzheimer’s disease or other dementia. Seneca Dining Room

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Thursday, July 13<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

2:00pm – **Poetry Discussion: *The Works of Rumi* with Kathleen Cadle.** Rumi was a 13<sup>th</sup> century Persian, Muslim poet. His influence transcends national borders and ethnic divisions.

Music Room

3:30pm – **Lemonade Social.** Highlands' Main Entrance

**Friday, July 14<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

**No Worship Service with Chaplain Jim Grobe today**

2:30pm – **Music Mixer, live entertainment with Rhythm Aces Duo.** Laurelwood Gallery

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Community Center

**Saturday, July 15<sup>th</sup>:**

10:30am – Tai Chi Class. Fitness Room

1:30pm – Game: Words in Words. Laurelwood Hearth Room

2:30pm – Saturday Musical Matinee: *Thoroughly Modern Millie* (1967) with Julie Andrews, James Fox, Mary Tyler Moore. Community Center

**Sunday, July 16<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

1:30pm – Game: Yahtzee. Laurelwood Activities Room

2:30pm – Movie: *The Captain's Paradise* (1953) with Alec Guinness, Yvonne De Carlo, Celia Johnson. Community Center

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Monday, July 17<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *The Arabian Nights Beyond “East” and “West”* with Sevinc Turkkan, PhD, department of Religion and Classics at The University of Rochester. Please see page 12 for course information. Community Center

\*7:00pm – Depart for Flower City Jazz Society Concert: *The JazzHappens Band* at the Radisson Hotel Airport. Tickets are \$12:00 each, pay upon arrival. Return approximately 10:00pm

**Tuesday, July 18<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

2:00pm – University of Rochester Lecture: *Dementia and Aging – What We Know From A Neuropsychological Perspective* with Alanna Jacobs. This talk will give an overview of dementia, its subtypes, and the clinical, cognitive, and behavioral profiles seen in some of them. Along with a better understanding of these diseases and the difficulties commonly seen in patients with these diseases, this talk will also discuss normal aging-related cognitive changes as well as what research has found to be effective in promoting successful cognitive aging. Community Center

2:00pm – Hawaiian Party with entertainer Julie Hall on the Steel Drums. Bistro Patio

7:00pm – Game Night! Bring your favorite game. All are welcome to join. Music Room



Pictures: Gene Schomburg celebrating his 100th Birthday

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Wednesday, July 19<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\*11:00am – Depart for a picnic lunch at Kershaw Park on Canandaigua Lake followed by a visit to the P. Tribastone Fine Art Gallery to see the “As the Garden Grows...” Botanical Paintings Exhibit by Artist and resident Vicki Gainsburg. No fee. Return approx. 3:30pm**

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

**2:15pm – Presentation: *Mary Todd Lincoln* with guest speaker John Schmeelk. Laurelwood Activities Room**

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub

**Thursday, July 20<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

11:00am – Pray the Rosary with volunteers from St. Louis Church. Music Room

**\*1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room**

2:00pm – Blood Pressure Screening. Club Room

**\*2:30pm – Closet to the Pin Chipping Match. Come enjoy friendly competition with your neighbors on the green. Spectators welcome. Please sign up in the program book if you would like to participate in the chipping match. The match will be held on the chipping green at The Highlands at Pittsford. (Rain/Extreme heat location will be Community Center for a putting contest)**

**Friday, July 21<sup>st</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – Tech Time with facilitator Cory White, IT Technician. Share ideas, information and questions about technology. Bring your curiosity, ideas and an open mind. Music Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:15pm – Inspirational Hymns with Chaplain Jim Grobe. Laurelwood Gallery

**2:30pm – Music Mixer, live entertainment with vocalist Mike Burrell. Community Center**



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.



**Saturday, July 22<sup>nd</sup>:**

10:30am – Tai Chi Class. Fitness Rom

**\* 11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema, Pittsford Community Library and Town of Pittsford Farmers' Market at the Pittsford Colony Plaza. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.**

2:30pm – Saturday Musical Matinee: *Sound City* (2013) with Trent Reznor, Tom Petty, Mick Fleetwood. Community Center

**Sunday, July 23<sup>rd</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Movie: *A Few Good Men* (1992) with Tom Cruise, Jack Nicholson, Demi Moore.  
Community Center

**Monday, July 24<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

**2:00pm – University of Rochester Course: *The Arabian Nights Beyond “East” and “West”* with Sevinc Turkkan, PhD, department of Religion and Classics at The University of Rochester. Please see page 12 for course information. Community Center**

3:00pm –The Alzheimer's Association Presents: *A Video Education Series: Pharmacology, Medicines and Alzheimer's Disease* with Dr. Michael Hasselberg, Ph.D. This interactive video education series will provide information on various topics as they relate to Alzheimer's disease and other dementia. The sessions are intended to connect care partners with experts such as physicians, researchers, and attorneys. Music Room

**7:00pm – Join us for The Evening Exchange: The perfect way to end your day! Music Room**



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Tuesday, July 25<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room



**\*11:00am – Depart for the Mount Morris Dam located in the Genesee River gorge, providing flood protection to downstream areas including the city of Rochester. The trip includes a bagged lunch, time at the visitor center and dependent on availability, a walking tour of the Mount Morris Dam. The walking tour is approx. one hour, includes a half mile of walking and involves steep declines and inclines. No fee to attend. Return approx. 4:00pm**

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

2:00pm – Prayer Service with Chaplain Jim Grobe. Music Room

**2:00pm – Presentation: *Music and Life of Vic Damone* with guest speaker Larry Shearer. Laurelwood Activities Room**

**Wednesday, July 26<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

**\*1:30pm – Depart for the *Because of Women Like Her... Winning the Vote in New York State* Exhibit at the Central Library. This exhibit explores Rochester's role in the woman suffrage and women's rights movements of the 19<sup>th</sup> and early 20<sup>th</sup> centuries. The exhibit includes artifacts like Susan B. Anthony's dress, a variety of suffrage banners, and a video kiosk of interviews with some Highlands' residents. No fee to attend. Return approx. 3:30pm**

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub

7:00pm – Evening Music with vocalist Daniel Henry. Community Center



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Thursday, July 27<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher.

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

**\*1:00pm – Gentle Yoga with Eva Kane. Fitness Room**

**\*1:00pm –Depart for Eastview Mall, Target or Victor Crossings where store selection includes Dollar Store, HomeGoods, Kohl's, Wal-Mart, and PetSmart. Return approx. 4:00pm**

**3:00pm – Ice Tea Social. Highlands' Front Entrance**

**Friday, July 28<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:15pm – Fellowship with Chaplain Jim Grobe. Laurelwood Gallery

**2:30pm –Music Mixer, live entertainment with Maury Rosenberg on piano, featuring Klezmer music. Laurelwood Gallery**

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Community Center

**Saturday, July 29<sup>th</sup>:**

10:30am – Tai Chi Class. Fitness Rom

2:30pm – Saturday Musical Matinee: *Gypsy* (1962) with Rosalind Russell, Natalie Wood, Karl Malden. Community Center

3:00pm – Game: What ever happened to...? Laurelwood Hearth Room

**Sunday, July 30<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Laurelwood Hearth Room

2:30pm – Movie: *Gone with the Wind* (1939) with Clark Gable, Vivien Leigh, Thomas Mitchell. Community Center

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Monday, July 31<sup>st</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – **Cultural Programming Meeting. Music Room**

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – **University of Rochester Course: *The Arabian Nights Beyond “East” and “West”* with Sevinc Turkkan, PhD, department of Religion and Classics at The University of Rochester. Please see page 12 for course information. Community Center**

No Resident Meeting today. The next Resident Meeting will be held on Monday, August 14<sup>th</sup>

7:00pm – Monday Night Movie: *Fences* (2016) with Denzel Washington, Viola Davis, Stephen Henderson. Community Center



**University of Rochester Course Description**

**The Arabian Nights Beyond “East” and “West”**

**Mondays, July 3<sup>rd</sup>- August 14<sup>th</sup> at 2:00pm**

This series of seven meetings will focus on the cycle of tales known as the *Arabian Nights* or *The Thousand and One Nights*, and their various translations, rewritings, and adaptations –literary, visual, aural, and cinematic. In the first half of the series, we will trace the development of European consciousness about medieval Arab world and the “Orient” from early translations to subsequent circulations and textual reworking of the *Nights*, with particular attention to primary texts but also with reference to the translators’ introductions and creative work, travel accounts, testimonies, and visual and popular art. In the second half, we will investigate the “afterlife” of the tales in contemporary rewritings and adaptations, and in their new contexts. During our meetings, I will invite you to reflect on questions of cultural communication, influence, translation of other cultures, representation, and stereotype in relation to identity formation, ethics, and globalization.

Dr. Sevinc Turkkan, received her PhD from University of Illinois in 2011. She has been a visiting Assistant Professor at The College at Brockport and is currently affiliated with the Department of Classics and Religious Studies at the University of Rochester. Dr. Turkkan specializes in modern Turkish literature and culture, translation studies, and cross-cultural comparative studies with research interests in multilingualism, Turkish-German & Turkish-American literary relations, Anglophone literatures and postcolonial theory, and critical theory (psychoanalysis & gender studies). Sevinc is also a practicing translator, working languages are Turkish, German, and Bulgarian.

The Pittsford Highlands’ Chaplain, Jim Grobe, is available for one on one meeting. If interested please contact Margaret Leyden ext. 6387 and a date and time can be arranged.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.