



THE **HIGHLANDS**  
AT **PITTSFORD**

**Cultural and Educational  
Program Calendar**

**November 2017**



**Wednesday, November 1<sup>st</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club



**\*10:00am – Depart for the Leroy Barn Quilts bus tour with town historian Lynn Belluscio offering stories of the families, farms, and quilts. The tour will highlight the town’s rich heritage and vision for the future. No fee for the tour. Following the tour will be a lunch at D&R Depot. Return Approx. 2:00pm**

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

2:00pm – Fine Dining Food Forum. Seneca Dining Room

**\*2:00pm –Hands-On Baking Class: Decorating fall themed Cookies with Pastry Chef Laura.  
Community Center**



2:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

**\*4:00pm – “UR” Always Learning lecture titled: *Careers for Women: A Novel* with Joanna Schott, Roswell Smith Burrows Professor of English. Please see page 17 for full course description. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.**

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub. Our featured Artist this month is Vicki Gainsburg. In November we will display Vicki’s art work in the Art Gallery. Vicki’s watercolor paintings include fruits, flowers, and landscapes.



Residents left to right: Barbara Meagher, Mary Jane Henderson and Ginny Peterssen enjoying a beautiful day in Penn Yan at Keuka Springs Winery.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the Digital Sign.

**Thursday, November 2<sup>nd</sup>:**

9:00am – Water Fitness Class. Pool  
 9:00am & 10:00am – Depart for shopping and banking  
 10:30am -12:00pm – Circuit Training. Exercise Room  
 11:00am – Fitness Video. Fitness Room



**\*11:30am – Eastman at Washington Square Concert: *Soulful Violin*, Violinist Mikhail Kopelman and pianist Anna Gourinkkel performing music of Bach, Smetana and Brahms. No fee to attend, brown bag lunches are welcome. Return approx. 1:30pm**

**\*1:00pm – Gentle Yoga with Eva Kane. Fitness Room**

**1:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery**

2:00pm – Blood Pressure Screening. Club Room

2:15pm – Pause for Peace with Chaplain Jim Grobe. Join us to explore the Peace dimension of Wellness. Music Room

**2:30pm – Travelogue *Touring the World: Touring Italy*. Community Center**

**Friday, November 3<sup>rd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**11:15am – Tech Time: Share ideas, information and questions about technology. Music Room**

12:30pm – Aquatic Exercise Class with students from Nazareth College Physical Therapy Program.  
 Please note, participants signed up in advance. Pool

**1:00pm – Catholic Mass with volunteers from St. Louis Church. Community Center**

**No Pause for Peace with Chaplain Jim Grobe Toady**

1:30pm-2:30pm – Open swim with Robin Gallagher. Pool

**2:30pm – Music Mixer, Live Entertainment Karen Labella on guitar and vocals. Community Center**

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**Saturday, November 4<sup>th</sup>: Daylights Savings Time: Turn your clocks back 1 hour before going to bed tonight.**



10:30am – Tai Chi Class. Fitness Room

**\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.**

11:00am – Trivia: Presidents. Laurelwood Hearth Room

2:30pm – Saturday Musical Movie: *Three Penny Opera*. Music by Kurt Weill and insertion ballads by François Villon and Rudyard Kipling. Community Center

**Sunday, November 5<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Laurelwood Hearth Room

2:30pm – Movie: *Out of Africa, (1985)* starring Meryl Streep, Klaus Maria Brandauer, Robert Redford. Community Center



**Monday, November 6<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

**\*10:00am – Monthly Kitchen Tour with Chef Dan Fernandes, the Director of Fine Dining. Tour is approx. 30 minutes long. Space is limited; please sign up in the Program. Meet outside Lilac Shop**

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *Masterpieces of Art in Depth: Night Watch: Rembrandt, with Susan Nurse* Please see page 16 for course information. Community Center

**\*4:00pm – “UR” Always Learning lecture titled: *Images from the Windows of Time: Some Near, Some Far* with Gary Paige, MD, PhD., Professor Emeritus of Neurology, Chair Emeritus of Neurobiology and Anatomy. Please see page 17 for full course description. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.**



7:00pm – Evening Music with Residents Art Frackenpohl and Mark Williams on the piano. Community Center

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**Tuesday, November 7<sup>th</sup>: Election Day**

**6:00am-9:00pm: General Election Voting. Music Room**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

**\*11:15am – Depart for the Rochester Public Library Fall “Books Sandwiched In” Book Review: *The Buying and Selling of Food in America* by Michael Ruhlman. No fee to attend. Return approx. 1:30pm**

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

**2:00pm – University of Rochester Course: William Faulkner: His Life, Times, and Writings: *The Years at the University of Virginia* with Rufino Pabico, MD. Please see page 16 for course information. Community Center**

**\*4:00pm – To Your Health Lecture, *Smile Makeover* with Dr. Carlo Ercoli. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.**



**Residents enjoying a homemade lunch at The Pinwheel Markey by Milly's Pantry in Penn Yan, NY.**

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**Wednesday, November 8<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

1:00pm – Depart for Geva Theatre: *The Agitators*. Please note transportation arrangements were made in advance. Return approx. 6:00pm

1:00pm – Alzheimer’s Support Group for caregivers facilitated by Alzheimer’s Association staff and volunteers. The group provides updated information, emotional support, and problem solving as related to the challenges of giving care to those living with Alzheimer’s disease or other dementia. Seneca Dining Room

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

2:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

\*4:00pm – “UR” Always Learning lecture titled: *Credit Markets and Economic Life in Ancient Rome* with Cameron Hawkins, Ph.D., Assistant Professor in the Department of Religion and Classics. Please see page 17 for full course description. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub

6:30pm – Evening music with Joe Naples on piano. Laurelwood Gallery



**Nancy Hare and Jean Marritt at Keuka Springs Winery.**

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**Thursday, November 9<sup>th</sup>:**

9:00am – Water Fitness Class. Pool

9:00am & 10:00am – Depart for shopping and banking

**\*10:00am-12:00pm – Chart Review sessions with Wegmans Pharmacy. Meet with a pharmacist to compare Medicare Plans based on your prescriptions. Residents will need to provide name, date of birth, and list of medications, sometimes a Medicare card is also needed. Sign up in the Program Book for a 10 minute free and unbiased session. Parlor**

10:30-12:00 – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

**\*11:30am – Depart for Lunch at the Holloway House in Bloomfield. Enjoy the history that this historical home has to offer as well as some of their homemade breads and pies. Returning Approx. 2:30pm**

1:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

**\*2:30pm – Cooking Demonstration with Executive Chef Michael Wasytko. Community Center**

**6:30pm – Depart for Rochester Philharmonic Orchestra Concert: *Olga Kern Plays Beethoven's "Emperor"*. Please note transportation arrangements were made in advance. Return approx. 10:30pm**



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**Friday, November 10<sup>th</sup>:**

9:00am – Fitness Class. Hahnemann Club

10:15am – **Fitness Video**, No Fitness class with Robin. Fitness Room

12:30pm – Aquatic Exercise Class with students from Nazareth College Physical Therapy Program.

Please note, participants signed up in advance. Pool

1:15pm – Patriotic Hymns with Chaplain Jim Grobe. Laurelwood Gallery

1:15pm – **Presentation: *On the Home Front*** with local historian Ruth Rosenberg Naparsteck. In honor of Veterans Day, Ruth will discuss how Americans fought the Axis Armies overseas and how they rationed, recycled, and sold war bonds. Come learn more about America on the home front and share your own experiences with your neighbors. Community Center

No open Swim Today

2:30pm – **Veteran's Day Music Mixer, Live Entertainment with Rhythm Aces Duo.** Laurelwood Gallery

3:00pm – Book Discussion Group. All are welcome to join. Activities Room

3:30pm – **Current Events Club.** Discuss current issues of the day, express your opinions, and be exposed to the ideas of your fellow residents. Music Room

**Saturday, November 11<sup>th</sup>: Veterans' Day/Remembrance Day**

10:30am – Tai Chi Class. Fitness Room

1:00pm – Casual Bridge Game. All are welcome to join. Social Room

1:30pm – **Veteran's Day Music with Jeff Elliott, Guitar.** Laurelwood Gallery

2:30pm – Saturday Musical Movie: *An American in Paris* (1951) starring Gene Kelly and Leslie Caron Community Center

**~Stop by and see our Veteran's Day Tribute Display: Located in the Bistro Hallway~**

**Sunday, November 12<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

1:30pm – **Afternoon entertainment with the Pittsford Community Church Choir.** Community Center

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Movie: *Coco Before Chanel* (2009) starring Audrey Tautou. Music Room

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**Monday, November 13<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *Masterpieces of Art in Depth: L*

*Valazquez*, with Susan Nurse. Please see page 16 for course information. Community Center

\*4:00pm – “UR” Always Learning lecture titled: *Blurring the Boundaries: The Frame of Art with Paul Duro Ph.D.*, Professor and Interim Chair with the Department of Art and Art History. Please see page 17 for full course description. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.

7:00pm – Movie Night: *Steve Jobs: The Man in the Machine (2015)*. Community Center

**Tuesday, November 14<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

1:00pm – Knitting Group. Please bring your own supplies; yarn is available for charity knitting. Music Room

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

2:00pm – University of Rochester Course: *William Faulkner: His Life, Times, and Writings: The Sound and the Fury- “the most splendid failure”* with Rufino Pabico, MD. Please see page 16 for course information. Community Center

7:00pm – Game Night! Games are provided or bring your favorite game to share! Music Room



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Wednesday, November 15<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*12:00pm – Pittsford Highlands chorus departure to The Sisters of St. Joseph for the CD recording.

**Transportation will be provided for singers only.** Return approx. 3:00pm

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

No Pittsford Highlands Chorus practice today.

2:00pm – Presentation: *From Broadway to You - Broadway Duets* with Bob Sagan, theatre educator and Broadway enthusiast. View a selection of video clips, discuss current shows, and share your Broadway experiences. Community Center

2:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

\*4:00pm – “UR” Always Learning lecture titled: *Conversations with Author Jeffrey Allen Tucker Ph.D.*, Associate Professor in the Department of English. Please see page 18 for a full course description. Located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.



4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub



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**Thursday, November 16<sup>th</sup>:**

9:00am – Water Fitness Class. Pool

9:00am & 10:00am – Depart for shopping and banking

**\*10:00am-1:00pm – Parkinson Café, a program designed to provide social, cultural, and intellectual interaction for people with Parkinson’s disease and their care partners. A light lunch will be provided at no cost. A donation of at least \$2 per person is requested, as this is being provided by both The Highlands and National Parkinson’s Foundation. Located at the Hahnemann Club, please request transportation.**

10:30am -12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

11:00am – Pray the Rosary with volunteers from St. Louis Church. Music Room

**\*1:00pm – Gentle Yoga with Eva Kane. Fitness Room**

**\*1:00pm – Depart to Kittelberger’s Florist and Gift shop for holiday shopping. Pick up a hostess gift, a holiday gift, or something for yourself! Optional Tour offered. Return approx. 4:00pm**

1:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

2:00pm – Blood Pressure Screening. Club Room



**Friday, November 17<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**11:15am – Tech Time: Share ideas, information and questions about technology. Music Room**

12:30pm – Aquatic Exercise Class with students from Nazareth College Physical Therapy Program.

Please note, participants signed up in advance. Pool

1:15pm – Psalm Worship Service with Chaplin Jim Grobe. Laurelwood Gallery

1:30pm-2:30pm – Open swim with Robin Gallagher. Pool

**2:30pm – Music Mixer with Tom Dunn on guitar. Community Center**



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### Saturday, November 18<sup>th</sup>:

10:30am – Tai Chi Class. Fitness Room

\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm. Take the bus to Sisters of Saint Joseph of Rochester for their Annual Christmas Sale. Featuring cards, artwork, baked goods and religious items.

11:00am – Trivia: Revolutionary War. Laurelwood Hearth Room

2:30pm – Saturday Musical Movie: *Funny Girl (1968)*, starring Barbra Streisand. Community Center

### Sunday, November 19<sup>th</sup>:

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

\*1:00pm – Depart for The Rochester Museum and Science *Holiday Bazaar!* Browse ceramics, jewelry, glass, woodwork, photography, paintings, prints, sculpture, fiber arts, floral crafts and other beautiful items. Food and beverages are available. Walking required. Admission fee is \$5.00; fee will be paid upon arrival. Return Approx. 4:00pm

2:30pm – Movie Matinee: *The Quite American (1958)*, starring Michael Redgrave Community Center

### Monday, November 20<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *Masterpieces of Art in Depth: Van Gogh: Starry Night*, with Susan Nurse. Please see page 16 for course information. Community Center



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**Tuesday, November 21<sup>st</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for and banking



10:00am - 4:00pm –Tenth Annual Highlands Bake Sale. All proceeds will go to the Ronald McDonald House. The bake sale is the perfect opportunity to pick up a pie or baked goods to bring to your family for Thanksgiving, to invite friends over for dessert or to satisfy that sweet tooth, all while supporting a worthy cause. The Ronald McDonald House provides a home away from home for families who need to be near their children while they are receiving health care at Rochester area hospitals. Come support the bake sale! Outside the Music Room



10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

1:15pm – Bible Study with Chaplain Jim Grobe. Laurelwood Gallery

2:00pm – University of Rochester Course: *William Faulkner: His Life, Times, and Writings: Light in August- “Versions of the Sun”* with Rufino Pabico, MD. Please see page 16 for course information. Community Center

\*4:00pm – To Your Health Lecture: *Melanoma Immunotherapy: From Mystery to Standard Care* with Dr. Peter Prieto. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.

**Wednesday, November 22<sup>nd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

\*1:00pm –Depart for Eastview Mall, Target and Victor Crossings, store selections include Dollar Store, HomeGoods, Kohl’s, Wal-Mart, and PetSmart. Return approx. 4:00pm

1:15pm – Thanksgiving Worship with Chaplain Jim Grobe. Laurelwood Gallery

No Pittsford Highlands Chorus practice today

2:30pm – Presentation: *Music and Life of Harold Arlen* with Larry Shearer. Laurelwood Activities Room

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub



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**Thursday, November 23<sup>rd</sup>: Thanksgiving Day**

No Water Fitness

Circuit Training **On Your Own**. Exercise Room

No shopping and Banking today

No Fitness Video today



**1:00pm- 3:00pm – Thanksgiving Day Dinner. Reservations must be made in advance. Please call the Reservation Line at 641- 6374. Main Dining Room**

**7:00pm – Movie: *Planes, Trains and Automobiles (1987)*, starring John Candy, Steve Martin and Laila Robins. Community Center**

**Friday, November 24<sup>th</sup>:**

9:00am – Fitness Class. Hahnemann Club

10:15am – **Fitness Video**, No Fitness class with Robin. Fitness Room

**No Worship service with Chaplain Jim Grobe**

No Open swim today. Pool is open-just need a buddy

**2:30pm – Music Mixer, Live Entertainment with Nightfall, Acoustic Duo Laurelwood Gallery**

**Saturday, November 25<sup>th</sup>:**

10:30am – Tai Chi Class. Fitness Room

1:30pm – Game: Phase 10. Laurelwood Activities Room

2:30pm – Saturday Musical Movie: *High Society (1956)*, starring Bing Crosby, Grace Kelly, John Lund and Frank Sinatra. Community Center

**Sunday, November 26<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

**\*1:00pm – Depart for Holiday Festival of Crafts in Rochester at the Harley School Sponsored by the Rochester Folk Art Guild. Admission fee \$2.00 will be paid upon arrival. Return Approx. 4:00pm**

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Movie Matinee: *Nothing Sacred (1937)*, starring Carole Lombard and Fredric March. Community Center



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**Monday, November 27<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**11:15am – Cultural Programming Meeting. Music Room**

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

**2:00pm – University of Rochester Course: *Masterpieces of Art in Depth: Picasso: Guernica* with Susan Nurse. Please see page 16 for course information. Community Center**

**Tuesday, November 28<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

1:00pm-1:30pm – Walking Club. Fitness Room

1:15pm – Bible Study with Chaplain Jim Grobe. Music Room

2:00pm – Prayer Service with Chaplain Jim Grobe. Music Room

**2:00pm – University of Rochester Course: *William Faulkner: His Life, Times, and Writings: The Reivers- “the Farewell smile”* with Rufino Pabico, MD. Please see page 16 for course information. Community Center**

**\*4:00pm – To Your Health Lecture: *Flu Shots- Do they really work?* with Matthew Klapetzky. The lecture is located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.**

**7:00pm – Game Night! Games are provided or bring your favorite game to share! Music Room**



**Residents Karen and Ted Moore at Keuka Springs Winery.**

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### Wednesday, November 29<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*10:30am – **Shopping and Lunch!** Start your holiday shopping at A Different Point of View in Pittsford. Enjoy lunch at The Restaurant at the Armory (TRATA), menu includes soups, sandwiches and burgers. Finish up your holiday shopping and find great hostess gifts shopping at Parkleigh and Stever's Candies on Park Avenue. Return approx. 4:00pm

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

2:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

\*4:00pm – “UR” Always Learning lecture titled: *Black Nightingales: Lady Day, Ella, & Sassy*, with Paul J. Burgett Ph.D., Vice President & Senior Advisor to the President as well as a Professor of Music & University Dean. Please see page 18 for a full course description. Located at the Hahnemann Club. Transportation provided at 3:45pm. Return approx. 5:30pm.

4:30pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub

7:00pm – Evening Music with Top Brass. Community Center

### Thursday, November 30<sup>th</sup>:

9:00am – Water Fitness Class. Pool

9:00am & 10:00am – Depart for shopping and banking

10:30am -12:00pm – Circuit Training. Exercise Room

11:00am – Fitness Video. Fitness Room

\*11:30am – Eastman at Washington Square Concert: *Trio “Slavia”*. Music of Shostakovich performed by violinist Oleg Lupines, cellist Svetlana Garitselov and pianist Irina Lupines. No fee to attend, brown bag lunches are welcome. Return approx. 1:30pm

1:00pm-4:00pm – Vendor Sale: Jewelry, lotion, soaps, essential oils, and potter. Community Center

1:30pm – Sing-a-long with Music Therapy Students from Nazareth College will share their musical talents with us, come to participate or listen. Laurelwood Gallery

3:00pm – Join us for the annual trimming of the Highlands Christmas tree. Hot chocolate and cookies will be served. Outside the Community Center



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University of Rochester Course Descriptions:

William Faulkner: His Life, Times and Writings

Tuesdays October 17<sup>th</sup> – December 5<sup>th</sup> 2:00pm-3:00pm

This Series of Lectures will focus on William Faulkner, not only by discussing his early childhood life, moving through the early years of his career as a novelist, and encountering difficult hardships, but you will also examine some of his famous pieces of literature, and how his writings have contributed to American Novels today.

Dr. Pabico was the medical director of the Nephrology Clinical Laboratory and the Nephrology Transplantation Program, as well as the Associate Chief of the Nephrology Unit at the University of Rochester Medical Center. Upon retirement, Dr. Pabico has pursued his life-long interests in Humanities, specifically Literature and History. He continues to participate in the activities of the Division of Medical Humanities and the History of Medicine Programs at URMC. Dr. Pabico has been happily married for more than 40 years and has two daughters and two grandsons.

Masterpieces of Art in Depth

Monday's October 23<sup>rd</sup> –November 27<sup>th</sup> 2:00pm-3:00pm

Join Susan Nurse for a 6-week course exploring magnificent pieces of art such as, Van Gogh: Starry Night, Picasso: Guernica, Night Watch: Rembrandt and many more.

Susan Nurse was the Visual Resources Coordinator at the Memorial Art Gallery for 17 years. She coordinated the Slide Library, which also comprises digital images. She also managed the Library and Archival Photography. She has a Masters in Art History from the University of Buffalo. Susan has lectured at the Gallery's Creative Workshop, RIT Osher Center, and SUNY Brockport.



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**“UR” Always Learning Lecture Descriptions:**

**Careers for Women: A Novel**

**Wednesday, November 1, 2017, Time: 4:00pm-5:00pm**

Joanna Scott’s new novel begins in New York in the late 1950’s, when the city, and the world, are on the cusp of change. The narrator, Maggie Gleason, is looking towards the future. Part of a mid-century wave of young women seeking new lives in New York City, Maggie works for legendary Port Authority public relations maven Lee K. Jaffe-affectionately known to her loyal staff as Mrs. J. As the old New York gives way to the new, and Mrs. J’s dream of the world’s largest skyscraper begins to rise from the streets of lower Manhattan, the young secretaries in her charge set out to remake themselves. But when one of the women reignites the scandal that drove her to New York, none of their lives will ever be the same.

**Images from the Windows of Time: Some Near, Some Far**

**Monday, November 6, 2017, Time: 4:00pm-5:00pm**

Photography has been a hobby of Dr. Paige since he received his first camera at the age of 7, a classic Kodak Brownie Hawkeye. The hobby replaced music (camera for trombone) as an active artistic outlet, and augmented dramatically in the current digital age. The challenge remains honing the craft while maintaining an engaging day job in medicine and science, now less imposing given semi-retirement. Images from eco-adventures and along the edges of professional meetings in exotic locations provide opportunities to feed this ongoing passion and hobby. His wife, Myrna, shares this passion and together they form a photographic team. This presentation will focus on new work by both, split between Cuba, which is quite near, and Africa (Rwanda and Uganda), which is quite far.

**Credit Markets and Economic Life in Ancient Rome**

**Wednesday, November 8, 2017, Time: 4:00pm-5:00pm**

The nature of the ancient Roman economy ensured that there was always a strong demand for credit at all levels of the socio-economic spectrum. Individuals relied on credit not only to fund personal consumption, but also to secure access to business assets and to working capital. Loans extended by professional bankers and moneylenders satisfied some of this demand, but personal credit – whether offered by suppliers to other businessmen, or by retailers to their customers – remained vital to economic life in the Roman world.

**Blurring the Boundaries: The Frame of Art**

**Monday, November 13, 2017 Time: 4:00pm-5:00pm**

What is the frame of art? The question seems obvious, but the answer depends on whether we understand by 'frame' the surround to a painting, as a figure of speech to describe what makes a work 'art', or whether we consider that all surrounds to artworks function as frames in one way or another. And what about art practices, such as land art and performance art, that set out to problematize these limits by denying a role for the frame at the outset? The question is not so simple after all.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance.  
The sign up book is located beneath the Digital Sign.



**Conversations with Author John A. Williams****Wednesday, November 15, 2017, Time 4:00pm-5:00pm**

Dr. Tucker will be discussing conversations with John A. Williams, a collection of interviews with the late author that he is editing, scheduled for publication in March of 2018.

He is the author of *A Sense of Wonder: Samuel R. Delany, Race, Identity, & Difference* (Wesleyan UP, 2004), editor of *Conversations with John A. Williams* (UP of Mississippi, 2017), and co-editor of *Race Consciousness: African-American Studies for the New Century* (NYU Press, 1997), as well as author of scholarly articles on writers such as Octavia E. Butler, George S. Schuyler, and Colson Whitehead.

**Black Nightingales: Lady Day, Ella, & Sassy****Wednesday, November 29, 2017 Time: 4:00pm-5:00pm**

A talk about three ladies of song: Billie Holiday, Ella Fitzgerald, and Sarah Vaughan...who are among the most important Jazz singers of the twentieth century.

You will hear and see our Nightingales in audio and video clips that display their extraordinary virtuosity as well as hear details of their lives.



**Resident June Mihalov and Ed Ackley  
At the Alzheimer's walk at Frontier Field.**

The Pittsford Highlands' Chaplain, Jim Grobe, is available for one on one meetings. If interested, please contact Elizabeth David ext. 6344 and a date and time can be arranged.

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